Yorkshire Cancer Network

Name	NHS No.
Address	C/N
Affix Patient Sticker Here	
Consultant	DOB
Hospital	Sex

Patient Information Pathway
Gastric Cancer
Upper Gastrointestinal Cancers

M/CB	Macmillan Cancerbackup	CRUK	Cancer Research UK	YCN	Yorkshire Cancer Network
DoH	Department of Health	MCCC	Marie Curie Cancer Care	LTHT	Leeds Teaching Hospitals Trust
BTHFT	Bradford Teaching Hospitals Foundation Trust				

This document outlines the general and site specific (bold) patient information resources to be routinely offered to all patients at each stage of the cancer patient pathway. It also contains a section outlining additional information available to meet further needs. Please use this document as part of your assessment with patients for their information needs and to record what information is given at each stage of the patient pathway. All resources available at time of print.

Stage of Pathway	Information Resources to be Offered to Patients		Date	Taken	Declined
General Awareness **Signs & Symptoms** **Screening** **GP Visit** 1	▪ Lifestyle and Cancer, Reduce the Risks	CRUK			
	▪ Are You Worried About… Cancer?	M/CB			
	▪ NHS Direct card	NHS Direct			
	▪ Signpost to further local and national information services				
	▪ **Appointment letter**	**local**			
Comments					

Referred for Tests and Investigations 2	▪ Urgent suspected upper gastrointestinal cancer referral process	local			
	▪ Local key contact – GP / secondary care				
	▪ NHS 'Questions to Ask'	DoH			
	▪ **Gastroscopy**	**local**			
	▪ **CT**	**local**			
	▪ **MRI**	**local**			
	▪ **Endo-Luminal Ultrasound**	**local**			
	▪ **PET CT**	**LTHT**			
	▪ **Laparoscopy**	**local**			
Comments					

Diagnosis of Cancer	▪ The Cancer Guide	M/CB			
	▪ Cancer information and support services in YCN	YCN Web			
	▪ NHS 'Questions to Ask'	DoH			
	▪ Individual treatment plan and key worker contact details	local			
	▪ Signpost to further local and national information services				
	▪ Local and National Information Services for Carers				

3	▪ Key Worker and additional contact details	local			
	▪ **Record of Consultation**	**local**			
	▪ **Upper Gastrointestinal Cancer Services**	**local**			
	▪ **Understanding Cancer of the Stomach**	**M/CB**			
	▪ **Liquidised Diet**	**local**			
	▪ **Soft Diet**	**local**			
	▪ **Small Appetite**	**local**			
	▪ **Sensible Eating to Increase Energy Intake**	**local**			
Comments					

Referred for Treatment including further investigations	▪ NHS 'Questions to Ask'	DoH			
	▪ Signpost to further local and national information services				
	▪ Practical Information including transport, parking, travel, hospital infections, attending or being admitted to hospital	local			
	▪ **Chemotherapy Information for Patients**	**local**			
		M/CB			
	▪ **Individual drug regimen**	**local**			
		M/CB			
	▪ **Clinical Trials**	**specific trial information**			
	▪ **Safer Eating Guidelines, Patients with Weakened Immune System YCN**				
	▪ **Gastrectomy**	**BTHFT**			
		LTHT			
		local			
	▪ **Key Worker contact details**	**local**			
	▪ **Coping When you Feel Sick**	**local**			
	▪ **Having a Gastroduodenal Stent Inserted**	**BTHFT**			
4		**local**			
	▪ **What Can I Claim?**	**M/CB**			
	▪ **Dietary Advice after Surgery**	**local**			
Comments					

Survivorship	▪ How to access services, key contact, discharge & follow up plan	local			
	▪ NHS 'Questions to Ask'	DoH			
Follow Up	▪ Signpost to further local and national information services				
	▪ **Cancer Survivor's Guide**	**M/CB**			
Living with Cancer	▪ **Working Through Cancer**	**M/CB**			
	▪ **Hello and How Are You?**	**M/CB**			
5	▪ **Gastric Support Group details**	**local**			
	▪ **Work and Cancer**	**M/CB**			

	▪ **Coping with Fatigue**	**local**			
	▪ **Controlling the Symptoms of Cancer**	**M/CB**			
	▪ **Adjusting to Life After Cancer Treatment**	**M/CB**			
	▪ **Dumping Syndrome**	**local**			
Comments					

Recurrence **Relapse** **Advanced Disease** **6**	▪ NHS 'Questions to Ask'	DoH			
	▪ Individual treatment plan and key worker contact details	local			
	▪ Signpost to further local and national information services				
	▪ **Palliative care: practical help in advanced cancer**	**M/CB**			
	▪ **Palliative care: emotional support in advanced cancer**	**M/CB**			
	▪ **Coping with Advanced Cancer**	**M/CB**			
Palliative Care **7**	▪ NHS 'Questions to Ask'	DoH			
	▪ Local palliative care service provision	local			
	▪ Signpost to further local and national information services				
End of Life **8**	▪ End of Life the Facts	M/CB & MCCC			
Comments					

Additional National Information Resources to Meet Assessed or Expressed Patient & Carer Needs All resources listed Macmillan / Cancerbackup unless otherwise stated			**Date**	**Taken**	**Declined**
Survivorship **Living with Cancer** **Keeping Well**	▪ Money Worries? How We Can Help				
	▪ Help With the Cost of Cancer				
	▪ Sometimes Talking is the Best Medicine				
	▪ Diet and Cancer				
	▪ Work and Cancer				
	▪ Travel and Cancer				
	▪ Coping with Fatigue				
	▪ Coping with Hair Loss				
	▪ Controlling the Symptoms of Cancer				
	▪ Support Groups and Organisations				
	▪ Cancer & Complementary Therapies				
	▪ Adjusting to Life After Cancer Treatment				
	▪ NHS Expert Patients Programme				
	▪ **Complementary Therapy service**	**local**			
	▪ **Caring for hair when receiving scalp cooling during chemo**	**Paxman**			
	▪ **How scalp cooling could save your hair during chemotherapy**	**Paxman**			
	▪ **Hat Tricks (hair loss service)**	**local**			
	▪ **Managing the Stress of Cancer**	**local**			
	▪ **Health Trainers (helping you take steps to better health)**	**local**			
	▪ **Help us Improve Cancer Services**	**local**			
	▪ **Having a Gastro-Duodenal Stent Inserted**	**local**			
	▪ **Psychological Support**	**local**			
	▪ **Dry Mouth**	**local**			
	▪ **Sore Mouth**	**local**			
	▪ **Coping with Taste Changes**	**local**			
	▪ **Adult with a Learning Disability & Life Threatening Illness?**	**local**			
1-7	▪ **Are you Helping Others Understand Illness**				
	▪ **Riprap. When a Parent has Cancer**	**University of Sheffield**			
Family and Relationships	▪ Close Relationships and Cancer				
	▪ Talking to Children When an Adult has Cancer				
	▪ Talking About Your Cancer				
	▪ The Emotional Effects of Cancer				
	▪ Lost for Words. How to Talk to Someone with Cancer				
	▪ Relationships, Sex and Fertility For Young People Affected by Cancer				
	▪ Cancer and Fertility Information for Men				
1-8	▪ Cancer and Fertility Information for Women				
	▪ **Cancer, You and Your Partner**				
Palliative Care	▪ Living at Home When Cancer is Advanced				
	▪ Caring at Home When Cancer is Advanced				
	▪ Caring for someone with Advanced Cancer				
	▪ Emotional Support in Advanced Cancer				
	▪ Practical Help in Advanced Cancer				
7	▪ Coping with Advanced Cancer				
End of Life **8**	▪ End of Life the Facts	M/CB & MCCC			